Council on Aging
June 4, 2025
Grange Hall, Town Hall Lower Level
9:15 Am

1. Members Present: Mary Dow, Ron Mayer, Barbara Martin, Jean Haight, Chuck Raffoni. Absent: Joan Simmons. Meeting called to order at 9:25 AM.
2. Update on Age Span and Traveling Chef: There may be some allocation reductions in these meal service programs in the future. Meals throughout this quarter seem to be okay. Nurse visits will be off for the summer, due to retirement and staff shortages.
3. The minutes from the May COA meeting were approved. Our next meeting will be July 16th. June 25th will be the next Farmers Market. It is suggested that July's date be switched to July 23rd.
4. A Nutritionist will visit the June 25th Senior Luncheon and will provide healthy snack ideas. She will present from 11:30 to 12:15. Lunch will follow her presentation. Linda Gill should be alerted to end the Bone Builders program at 11:15 to accommodate this.
5. June meals: 6/11- ham or tuna salad sandwiches, coleslaw, pickles, chisp and dessert. 6/25- Chicken Caesar Salad, dessert.
6. July meals: 7/2- no meal, 7/9-Age Span chicken and egg salad sandwiches, 7/16- TBA, 7/23- Pizza, salad, cake and ice cream, 7/30- BBQ ribs, beans, dessert. (Lost 45's Barry Scott show)
7. August meals: August ? Taco Bar
8. Need help for some of the summer meals, Jean and Mary may not be available due to vacations.
9. Salisbury Beach Trip for lunch: September 10th, Barbara will check on pricing for transportation.
10. Comedian Speaker- late September? TBA
11. Bulletin Board in Lower-Level stairwell for Council on Aging: how to best reserve spots for lunches? Jean will work on the Bulletin Board as time allows.
12. Potential Field Trip to Parlee Farms: Ron suggested another trip for us! Senior and Grandchild? BYO lunch, possibly a hayride, pick fruit, enjoy the animals. Best time of day? They are open mid-June. July is picking blueberries. More to come.
13. Birthday Card update: Barbara has written out cards into October and has 9 cards left. This program will be renewed in the Fall, perhaps adding additional grade levels.

Submitted by Jean Haight, Council on Aging Secretary

APPROVED